



# Coastal News


email: coastalnews@mapua.gen.nz

covering Mapua & Ruby Bay,  
run by volunteers

## *Clearing the Air on the FCC Site*

*This article is to explain some of the environmental and health risks from the FCC remediation site and the old dump sites. This is prompted by some rather confusing news media articles and the Community Association meeting on 10th October. My name is Jenny Easton, I live in Mapua, I am the Tasman District Council's resource scientist working on contaminated sites and related topics. I am also the compliance officer for the FCC remediation project.*

### **Risks to the environment**



The main contaminants at the Fruitgrowers Chemical Company site are the persistent organochlorine pesticides: DDT, dieldrin, aldrin and lindane. These organochlorine pesticides or OCPs were formulated as insecticides and in their time were very widely used with the district and indeed world-wide. They are much more toxic to insects and other life in the adjacent marine sediments than they are to humans. This high level of toxicity to marine organisms is why the clean-up criteria for the top half-metre of soil across the whole site is based on the need to protect the adjacent estuary sediments from run-off or wind-blown dust.

The area that is going to be used for residential land use needs to have this quality of soil throughout so if the soil at depth is disturbed the estuary is still protected. The clean-up criteria for the soil placed at depth in the east and the old landfill, which will be used for open space or commercial land use, is also based on protecting the estuary from contaminants that could be being carried in the groundwater.

The OCPs are not very soluble in water and bind preferentially to sediments and organic matter. This aspect of their chemistry as well as their toxicity was taken into consideration when calculating the clean up criteria by experts (this was internationally peer-reviewed). The health of people living on this residential land will be well protected by the soil clean-up criteria, and if this residential land was not so close to streams or the estuary the permitted OCP level would have been higher.

The main exposure pathway for OCPs is through ingestion of soil. Most plants do not absorb OCPs which

is why there were lots of healthy weeds on the factory site, and also why we did not plant trees to soak up the contaminants.

### **Dust and odour**

In spite of all the dust suppression and odour control at the site there is some odour and dust leaving the site. There are three monitoring gauges in the neighbourhood and the quantity of dust and toxicity of the dust and air are all measured daily and monthly and they meet the conditions in the Resource Consent to protect (residential) human health. There is also a general condition for the air discharge from the site not to be offensive, objectionable, noxious or dangerous beyond the boundary. Three of us assess this rather subjective condition. The odour can be unpleasant and it depends on frequency, intensity, and duration as to whether it triggers the consent condition. I live in Tahī Street so I am very aware of the impact the remediation is having on the neighbourhood, and I can assure you I am monitoring the consent diligently.

### **Offsite Waste dumps**

The FCC factory was dumping waste in a dozen or so sites around the district mainly in the 1970s. It was mostly packaging waste, dilute chemicals in the washings and some waste chemicals. As well as insecticides (OCPs and the later organophosphates) from the Tahī St factory there was herbicide waste from the

*contd on p2*

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## *FCC Site - contd*

herbicide factory. Only the OCPs are persistent and they bind to organic matter or clay. The other types of insecticides and herbicides break down after months to a few years and only the inactive residues will remain. Because of this breakdown we can be confident they are now largely long gone (testing confirms this). This also means that we mainly just need to concern ourselves with removing the OCPs – this is what the decontamination plant is undertaking. This is also why the council removed and processed the soil from the Seaton Valley Stream site but will not be processing soil from the old herbicide dump sites.

There was only one dump site we know of that had a significant quantity of OCP product in it (the inlet dump behind the Causeway) and we have removed that buried pallet load of DDT, and the surrounding soil.

Now, 30 years later, with the dump sites located and capped, these old dump sites are not a risk to the environment, particularly those in dry clay ridges where the waste is effectively entombed. Of the known dump sites four are on private property and the remainder on council land and unless they are discharging contaminants into the environment they can remain as they are. If they were to be excavated the council landfill would be the correct place for the packaging waste and any low-level pesticide residues from herbicides and insecticides. This was indeed the situation for a recently removed dump on private property.

All these sites are on the TDC's Site Contamination Register and this enables the landowner and any potential purchase (through a LIM request) to know about the contamination and what management plan is operating to keep the waste contained. If we become aware of a site we are obliged to inform the landowner of the issue before entering it onto the CSR, so landowners will know if they have any of these sites on their land. This is also a good reason why you should always request a LIM before purchasing a property.

If anyone has information about FCC dumps or has found buried coloured soil or chemicals we would like to know so we can follow up and investigate them. In 1996/7 we did a thorough investigation and followed up about 100 leads so we think we have tracked them all down. In hindsight the inlet dump was probably the "Iwa St site" which we had not been able to locate at the time, as this site would have been accessible from Iwa St in the 1970s. This is a good place to point out that for several good reasons such as the potential exposure to the stream, proximity to the estuary, the quantity of concentrated product and it being public land we needed to act quickly to remove the material once it was discovered.

There are many farm dumps containing agrichemical waste, and most of the old council tips received farmers' waste as well as some from FCC. Historic agrichemical waste is an issue in many parts of the country, and the Ministry for the Environment is assisting with the costs of overseas disposal for the old, persistent concentrated agrichemical sprays when presented for destruction. We have sent the concentrated OCPs found on the FCC site and from the Inlet dump overseas for disposal, as it is more cost-effective than diluting it to process it through the decontamination unit (MCD) onsite which is used for destroying moderate levels of OCP contamination. If you have old pesticides you wish to dispose of please provide Council with the list of them, and arrangements will be made for their temporary storage and eventual disposal.

Please note there are all the Monthly Reports of the Remediation Project in the Mapua library, and I welcome enquiries (phone 543-8 413).



THAWLEY  
ORCHARD CO.  
LTD

### *STAFF REQUIRED FOR 2007 FRUIT PACKING SEASON*

We are looking for extra staff to join our team on both Day and Night Shifts. Our packing season runs from mid February to early June, and our packhouse is 3km from Mapua.

Positions available include Packing, Grading and Shed Hands. Experience is not necessary as full training will be given.

Day Shift hours: 8.00am - 4.30pm Mon-Fri  
Evening Shift hours: 6.00pm - 10.00pm  
Mon-Fri

Also, Shed Cleaners for about 2 hrs per day and flexible weekend work.

We are looking for reliable and committed team players, and job sharing is welcomed.

To apply phone 03 5402 888 or 5402 707 in evenings or email [packhouse@thawley.co.nz](mailto:packhouse@thawley.co.nz) for an application form.

# PROBUS CLUB OF MAPUA & DISTRICT

The Probus Club meeting held on the 7th of October had a good attendance to hear two very good speakers. The main speaker was Phillipa Rutherford from the Buddhist Centre at Upper Moutere. Her talk was on her involvement with the Chandrakirti Meditation Centre at Sunrise Valley. She spoke about her early years being brought up as a Presbyterian in Invercargill. She later toured the world and met her German husband. At the age of 30 she returned to New Zealand and became involved with the Buddhist Centre in the Coromandel. She took a course of instruction to find solace with the Buddhist faith. She eventually moved to Upper Moutere with her present husband Bruce in 1999. They established the Sunrise Cleaning business, and worked towards establishing the Buddhist Centre. The Dalai Lama opened the centre in 2002.

The Buddhist teaching was started by Shakyamuni Buddha, a prince of a small state on the boarder of present-day India and Nepal. Today the faith has spread worldwide through China, Japan, Thailand, Nepal, and through the western world. It is recognized as the world's fastest-growing religion.

Phillipa spoke on the principles of Buddhism, including the ethics of Karma, which include leading an ethical life, to help others, and at least to do no harm. Karma refers to the motivation of physical, verbal and mental actions. The principle is that positive actions create happy results, while negative actions create suffering. Buddhism advocates that our lives are in transition for our spirits to move on to another life that could be a better life or an inferior life, depending on the positive or negative of one's life was on Earth.

The meeting's second speaker was John Ayling, introduced by Jack Inglis. John is the honorary advisor to the trust overseeing the development of the Motueka Hospital. Jack is chairman of the Friends of the Motueka Family Trust. He outlined the purpose of the trust as primarily to provide residential care for the aged and dementia sufferers in the Motueka district.

With the use of a laptop and hospital plan drawings, John was able to give a detailed talk on the plans and

development of the hospital. The trust was formed in 1993. It is registered as a non-profit charitable trust and its plan is to fund, design, and construct a 44-bed residential care unit, at a budgeted cost of \$5,500,000. The plan is to build the hospital on secured land around the existing hospital off Courtney St.. So far the trust has purchased land to the west of the hospital and has assisted the St. John Ambulance service to establish a new ambulance station. The construction and commissioning of the hospital is expected to take between 18 months and two years. This could include using part of the existing hospital, including a well-equipped kitchen.

The trust needs to raise at least \$3m to complete the project. The trust should be able to raise this either by way of fund-raising, various grants or loans. Being a charitable trust, donations are eligible for a tax rebate on present government legislation. The trust is happy to receive any bequests by the way of a legacy, and any other donations will be gratefully received. The contact details are: Friends of Motueka Trust, PO Box 37, Motueka, or Jack Inglis, chairman, at 528-8531.

*David Higgs*

## Casual Workers Required

Reliable worker, D.L.  
to assist with building & scaffold  
work.  
Ph. Fred Cassin 540 3469

## Coastal Garden Group

Forty-three members and guests gathered for our October meeting which updated progress on the concept plan for Aranui Park and dealt with a few questions. Plans for further garden visits were finalised and tickets made available for the garden club's outing to East Takaka in November.

We then welcomed our speaker, Ruth Whittaker, who is manager of the Community Gardens behind TOAD Hall in Motueka. Ruth gardens with organic principles to the fore and had lots of useful tips on how to move away from using sprays and chemicals in the garden.

Organic gardening starts with good soil and the community garden makes its own compost using a hot compost method. Ruth runs workshops on this but shared a few useful tips with us.

Instead of using sprays to rid plants of pests she allows beneficial insects to do the job, although she admitted it can be tough as the pests arrive first.

Companion planting serves two purposes – plants can act as a decoy to attract the pests away from your main crop or plant or they can deter pests either because of their smell or colour. The community gardens are open Monday to Friday from 9am until 3pm and Ruth would be delighted to see visitors or anyone interested in her compost workshops.

A record number of entries in the bloom, cluster and shrub competition gave our judges a hard time with a wide range of plants on show.

Once again we would like to thank our hostesses for afternoon tea, a welcome break from a full, busy meeting. The meeting concluded as usual with our plant auction.

Our next meeting will be held on Thursday 2nd November at 1.30 pm in the Supper Room at the Mapua Hall. We look forward to seeing you there or if you have any queries please feel free to contact either Barry Highsted (540-139) or Anne-Marie Giddens (540-335).

## Coastal Connections

On the 12th of October, members met at The Moorings in Motueka where we all enjoyed our monthly lunch. This venue has a varied and extensive menu at very reasonable prices. It is a favourite eating-house for many of us – the writer went twice in one week!

We exchanged magazines and ideas as usual – it is amazing how so many subjects are discussed by usually well-informed members. Some of us visited all the garden centres while others chose to do some shopping. Those who had not previously visited the Community Gardens behind Toad Hall found it to be a very interesting experience to walk around the garden there. Ruth, the organiser, had spoken to the Mapua Garden Group the previous week and she is always pleased to receive donations of seedlings, seeds, garden tools and of course, money! Ruth can be contacted daily during the week at the gardens between 9am and 3pm. Any surplus organic produce is sold at Toad Hall.

Our November lunch meeting will be at Squires at Stoke, another favourite venue. The roses should be in bloom at Broadgreen and the Eyebright Christmas decorations will be a “must-see” on our return.

Please phone Dot on 540-2323 by the 6th of November so that a booking for lunch may be made. Everyone is welcome to come along.

*Reported by Barbara Halse.*

### HERITAGE APPLE TALK

*at Mapua Hall 7pm Friday Nov 3rd.*

The Nelson branch of NZ TREECROPS Assn has **Mark Iley**, biodiversity Officer with the Essex Wildlife Trust, England, speaking to their members on a range of subjects including restoration of old Essex Orchards, saltmarsh habitat restoration and other ecological projects.

*Interested visitors (& prospective new members ) are welcomed.*

# Mahana School Report



# Mapua School Report

**K**ia Ora. Mahana means “warm place” in Maori and those who live in our sheltered valleys and on Mahana’s sunny slopes will attest to that.

But it is also a reflection of the warmth of our community, the spirit of generosity and the level of commitment and energy. No where is this more evident than in the Mahana Home and School Group and it was there in abundance at our school gala.

Rose and her band of helpers have spent months organising, sorting, picking up and delivering, sowing and growing, mixing and making, pricing and arranging, and it all came together at the gala – super country produce stalls, a huge range of plants, bargains galore, an amazing auction array, children’s stalls, fun “have a go” activities and singing and dancing from children and locals.

And of course the sun was shining all day!

It was a great day and a great result with over \$8000 raised. Thank you to all involved. Thank you to family and friends who supported the gala. Mahana School is indeed a warm and happy place to be.

Ka Kite

## Too late!

Some hopeful people are sending articles or advertisements in far too late. Last month someone sent us something five days after the deadline and hoped it would get in. The copy was all at the printer by that time, so there was nothing we could do to get it in. You should have everything to us by the 20<sup>th</sup> of the month. And remember that the *Coastal News* comes out in December but there will not be one in January. The first issue next year will be in February.

*The Editors*

## Postal Delivery

We can post you the *Coastal News*. To take advantage of this post \$10 with your name and address to *Coastal News*, PO Box 19, Mapua Store, 7048. Include your new postal code for rapid delivery. Existing subscribers can also send their new code in by email [coastalnews@mapua.gen.nz](mailto:coastalnews@mapua.gen.nz) or by post.

**T**his is most likely to be my last contribution to the *Coastal News* and a time to reflect on the last seven years at Mapua School.

The physical changes are many and varied, noticeably the administration block that we opened in late 2002. This building is the dominant feature of the school and serves all our needs very well. The creation of two new classes have developed a new area of the school around the new courtyard. The development of the modernised library and decking has greatly enhanced that area. We have doubled the size of the playing field and planted many native species to replace the pines on the perimeter. Recently the gum trees have been removed. Future exciting developments need to focus on the parcel of land and hall requirements.

We have tried to offer Sporting and Arts opportunities in Mapua so students don’t have to travel and to this end have established afterschool programmes that focus on the Arts. The creation of the murals highlights this. During school time we have developed guitar and keyboard classes that are now very well subscribed. The Touch competition is providing an excellent occasion for competition and fun with the Moutere Schools.

Mapua Schools residential Outdoor education programme is fantastic. This programme involves four camps in four years to venues at Totaranui, Pakawau, Lake Rotoiti and the Wakamarina Valley, which have been very memorable and exposed students to our unique environment.

The development of ICT as a learning tool has changed a great deal. The school has a well-built network that can support learning with very fast broadband. Teachers are increasingly using these powerful tools to engage student learning.

When all is said and done, however, all these features pale into insignificance when I recount on the years spent here. My lasting memories will be of students who are motivated, want to learn, relate very well to each other, and have strong values. Time and time again I am reminded of these traits by members of our community, visitors to school, new families and others who recognise that Mapua students are different. Mapua School is a very enjoyable place to come to work each day as the staff are so positive and great fun to be with.

I am immensely proud of what we have achieved over the years and I know I will miss Mapua a great deal. Mapua School is in very good heart and very well positioned to move into a new phase of growth and development.

*Hugh Gully, Principal, Mapua School,*

# MAPUA Bowling Club

The new bowling season got under way with a clear, fine day for the opening on Saturday 23rd of October. With the unfortunate illness of Nancy McAlwee [the club president], it was left to Harry Jardine, the club's vice-president, to conduct proceedings.

Harry welcomed over 30 members and visitors. He commented on the good condition of the green. Also Harry thanked the work done over the winter months by the two greenkeepers, and the support given by many of the club members, to maintain a high standard. Even the new lemon trees produced their new fruit!

Alf Saunders was given the job of laying the first mat and delivering the first jack. Joy Scott was then invited to deliver the first bowl, and to the delight of the members and visitors it landed on the jack. A positive start to the season! Harry then declared the bowling season of 2006- 07 officially open.

The majority of the rinks were used for afternoon games of triples, which finished with a good afternoon tea. Several of the visitors thanked the club members for an enjoyable afternoon of bowls and the afternoon tea.

On Sunday the 8th of October the club held its first invitation tournament sponsored by Alan Riggs Contracting, and The Mapua Auto Centre. It was an open mixed pair competition. There was a good entry of 32 bowlers utilizing all 8 rinks. It was an afternoon competition comprising of 3 games of 10 ends. The winning pair was Allison Brett and Don Sixtus of Mapua with 3 wins and 24 ends. Second was the Stoke team of Nora and Norvin Harvey with 3 wins and 21 ends. There were 3 teams that had 3 wins. The day ended up with a good afternoon tea and a well-supported raffle.

Monday the 30th October was the start of the new season for League Bowls. This is a social evening starting at 6pm for anyone interested in an evening of bowls. The club can supply loan bowls, giving a good opportunity for anyone wanting to learn the sport. For further details please contact Vicki Sixtus at 540-2960.

*David Higgs*

# Playcentre

84 Aranui Road

*(down the drive between the tennis courts and bowling club)*

Twelve of our children have moved on to school this year, and all within the last couple of terms. So this last term sees fewer per session and openings available to welcome new families. Come and visit our great centre. The first three sessions are obligation-free and no charge. It's a wonderful preschool facility. Not only do our children love coming, the benefits of their time with Playcentre can be realised time and time again, as we hear how well they do once they move on to school.

The one-to-five ratio of fully trained supervisors, sixteen areas of play, caring on-hand guidance from parents in attendance, all within a free play environment, make Mapua an early childhood education centre we are incredibly proud of. In addition Playcentre offers free parenting courses, lasting friendships and close participation in our children's early development. Such lifelong benefits can only be realised and fully appreciated here.

We welcome all families in the community with children aged newborn to school age. With summer fully approaching it's a great time of year to come and see for yourself what a wonderful facility we offer. There's no need to phone, just come on in with your children. See you there.

*Edited by Andrew Earlam (advertising) 540-2845, Terry Smith (editorial) 540-3203, and compiled by Barbara Mercer, 540-3022. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. Deadline for paper copy at the Mapua Store and e-mailed items (preferred) to [coastalnews@mapua.gen.nz](mailto:coastalnews@mapua.gen.nz) is the 20th of the month. Small ads are by gold coin donation in the collection boxes, club notices free. Printed by the Tasman District Council.*

## Digital Photography Group

For our outdoor meeting in October, we visited the 'lifestyle' property of one of our members, Joy, whose hobby is breeding exotic birds such as budgerigars and various types of parrot. The weather was ideal for photography and members were allowed into the birds' enclosures to attempt close-up camera work with remarkably obliging feathered friends and some good results.

After spending some time with the birds, we walked through a small pine forest to an adjacent neighbour's property, having an encounter with a large white goat on the way (another photographic opportunity!) where there were several alpacas. The kindly neighbour had offered to let us roam through the paddocks to see these remarkable animals with their rather aloof and arrogant expressions! A new member to the group joined us with her little baby girl who found the alpacas fascinating. Many of us discovered that the little girl was as photogenic as the animals!

Our next meeting will be on the 7th of November, meeting at the Mapua wharf at 1.30pm for the postponed 'foreshore walk' if the weather is fine. This will be followed by afternoon tea at Hamish's, but if the day turns out to be wet, the meeting will be at Dot's home starting at the same time. If you are unsure where to go on the day, please phone Dot on 540-2323 before 1pm.

*Reported by Mike Halse.*



## Community Picnic

Following the success of the Mapua Community Picnic last year, the whole community is invited to the Mapua Domain on Sunday 3 December 2006 to share an afternoon of Family Fun! Bring a hamper of food (no alcohol please) and all the friends and family you can muster. Starting at 3pm there will be lots of FREE entertainment, including a Greasy Pole, Petanque, Croquet, Touch Rugby, Volleyball, Bowls, Sack races, Three-legged races, Egg and Spoon races, Dunk ya Mate, Tug-of-War, Live Music and much, much more!!

With a later date than last year we are hoping for warmer weather. However, should it rain we will postpone until 10 December. With a later start time, we welcome families to bring a picnic tea and enjoy the entertainment until sunset.

There is a great team from your community organising this day, but more volunteers before or on the day are always welcome. Please contact Pat Perry 540-2805 if you wish to help in any way.

We hope to see you all at the Mapua Community Picnic – Sunday 3 December, 3pm until sunset at the Mapua Domain.

# Community Association Report

**H**ugh Gordon reported on the latest information concerning the Ruby Bay by-pass. This 10.4km stretch of highway will be 1.8km shorter than the existing portion. At the last traffic count 8000 vehicles use the road daily. It is expected that tenders will be called in February 2008. The present estimate is that it will cost \$ 22m. but the costs keep rising. It will take two years to build.

Over-all the completion of the road and cycle way will be completed by 2010. Once the by-pass is completed, a portion of the existing State Highway 60 will become the responsibility of the Tasman District Council

## **Waterfront park.**

John Roosen, the manager of the Fruitgrowers Chemical site clean-up, said that an area earmarked for car parking was unlikely to be safe enough for use by Christmas. He said 80 percent of the land to the east of Tahiti Street incorporated a sea wall, was currently fenced off and was planted out in grass.

Various factors had caused the delays, such as finding more than expected sites of contamination. Mr Roosen said he would circulate information to the community on what would happen in the future.

## **Other toxic sites**

Concern was expressed about toxic sites in the region and why the information had been denied to the public. Cr Tim King indicated that sites had been contained and that no risk remained. He also said that the present dump sites were indicated in the relevant property files and no

further advice was given. This advice would be on a LIM report.

## **Bowling Club entrance**

Frank Gibbison spoke about the dangerous egress from the bowling club onto Aranui Road. Issues include the poor visibility for drivers exiting the access way, the narrowness of the driveway, and its implications for drivers trying to exit while someone else was trying to enter. The trees alongside of the tennis court could be removed. A letter from the association will be sent to the TDC expressing these concerns.

## **Mapua Recreation Reserve.**

A meeting with Steve Richards of the TDC over the removal of trees from the reserve (other than those registered) was discussed with the Reserve Group to improve visibility into the playground. A fence will be erected to stop small children going across the road. Also discussed was a request from children in the district for earth mounds near the playground to serve as a mini BMX track and a request for a basketball backboard and hoop. This was met with favour. (The trees have since been removed. What an improvement already.)

At our next meeting on November 14 in the Mapua Hall at 7.30pm the protection of the Old Mill Walkway Reserve and the construction of a seawall will be discussed. All are welcome.

*Jim Bryse, Chair.*



# Letters to the Editor...



## *Aranui Park plans*

I am a cousin of Bernard Wells. I have lived in Mapua for 76 years. I have seen the area which Bernard and family donated for a park develop from an area of part swamp and part gravel ridges into what it is today, a quiet and peaceful place. And I have helped in that development with the planting of trees and shrubs etc. For some years I used my orchard mower to mow the grassed areas.

I have noted the controversy regarding the suggested road into the centre of the park. The provision of roading access would defeat Bernard's intention of a quiet and peaceful place. Bernard himself was, after all, a quiet and peaceful person. The comments by some seemingly self-interested groups and individuals who claim that without a road people, particularly the elderly, would be discouraged from visiting the park are spurious.

Are people shunning Washbourn Gardens in Richmond, or the Queen's Gardens in Nelson because there is no road into the centre of these? And heaven forbid that they put a barbeque in Washbourn Gardens! Bear in mind that young people with cars these days also have loud stereos which can be extremely unpleasant for many people, particularly those elderly whom advocates of a road seem so concerned about. Queen's Gardens and Washbourn Gardens are what Bernard envisaged Aranui Park would be like in the

future with predominantly native trees, shrubs and grasses etc. The walkways are a good idea, but not dual-purpose for cycles as well.

If the Parks and Reserves has funds to spend on access to Aranui Park, let it spend those funds on tar-sealing paths to a standard that can facilitate use by folk with walking sticks, walking frames, wheel chairs etc – elderly folk as well as the able-bodied.

There is ample roadside parking. The amount of traffic nowhere near equals that of Bridge or Hardy Streets past the Queen's Gardens in Nelson, and I've never heard of any accidents there to adults or children because of street parking. The greatest danger when we were kids was falling in the duck pond when feeding the ducks. I hope Aranui Park has ducks, but I would not want to see dogs. There many towns in New Zealand that have parks without roads into or through them. I've seen people in many of them...

Bernard told me on several occasions of people who tried to bulldoze (his words – today we would call it bullying) past and over his wishes for the park. He was displeased then, and he would be now.

In the final analysis surely what goes into the park or doesn't go into the park, must be what the surviving donors, Dorothy, Sandra and Linley Wells want and think was intended by the gift. Not what we the general public or interested groups want or think would be good for the district. So, we the general public, should back off and leave the development ideas to council consultation with the family of Bernard Wells. And enthusiastically support them and Parks and Reserves staff and contractors in implementing them. And no more bulldozing or bullying from anyone!

*Ivan Wells*

# Seagull Sunday

The article in last month's *Coastal News* about the famous British Seagull outboard motors brought forth a remarkable response, including one from a *Leader* newspaper reporter who visited us and published a report on the front page of that weekly.

We have had calls from people as far away as Westport and Lake Rotoiti – mostly advising of Seagulls “dead in the shed” as we put it last time. There is great interest in the proposed “Seagull Sunday” at Grossi Point on the 26th November, and we urge all those with an interest in these motors to come along with boat, motor or motors, and a picnic (and the family).

We have no idea how big an event this will be, but we have chosen that date as there is a high tide about 2pm, allowing us to have some fun on the water too. Don't forget to bring the life jackets – the local by-laws require a jacket for every person in the boat.

If you have a “dead” Seagull, bring it along – someone may be able to advise you on how to restore it to running condition!

For more information, please contact Mike (540-3901) or Alan (540-3350).

**Remember: Seagull Sunday – Grossi Point, Mapua 26 November**

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## PANZ

Nelson Area members of PANZ have started to meet at the Mapua Hall each Tuesday morning from 9am to noon(ish). Works in progress are brought along to be worked on among friends who all offer support and encouragement as well as share ideas and comments.

We have recently held three pastel painting workshops with Tony Allain, Marion Towns and Scilla Young. All were well attended and well received by both members and non-members.

If you would like to experience the use of pastels as a painting medium, come along to a Tuesday session. \$2 will enable you to “have a play” and discuss this versatile medium, or just observe members at work and have a chat. Smoko is provided and we are a very friendly lot. The last Tuesday session for 2006 will be the 28th November.

On Sunday the 26th November at Mapua Hall, 1pm, a meeting will be held to discuss future events and workshops. New members are always welcome to attend these meetings.

**Enquiries to Glenys Forbes 540-3388**

## Garden Notes

The last month of spring, and already talk of water restrictions and drought, a worry indeed. You should be mulching wherever possible, round roses, shrubs, and along rows of veges all helps. Sawdust is good and it is clean, cheap and available up Dominion Road at \$2 a bag.

Lawn clippings or compost, but not too heavy as they both sweat, work well. And they break down during the season. All shrubs require mulching too but not against their stems. Not the Protea family. If they are young plants they will require water for the first two years as they have a very poor root system.

Rhododendrons benefit more than most from mulch because of their tiny, fine surface roots. These tend to get burnt during the hot season if not protected.

October has been a feast of a great variety of blossom, but the shrub to take the prize has to be Syringa (lilac) “General Pershing. Huge panicles of medium lilac, lasting well. And the term we have all heard used, “One to die for,” this is it. Another beauty to look for is cornus (dogwood). The wedding cake, (*controversa variegata*) is a must to add to your collection, ideal as a specimen tree.

Garden members have been quite spoiled for gardens to visit during last month, and a planned trip to Takaka on the 14th of this month visiting three gardens, bus, entries, and lunch for \$33 inclusive, is not bad.

**Anyone wishing to join us for this trip please phone me on 540-3139 for details.**

Spring flowering shrubs can be trimmed into shape now. Mulching strawberries is now. Citrus trees can still be planted provided watering is kept up. A good hoeing is worth two or three waterings. Watch out for aphids or black spot on the roses now. Don't water roses in the morning as I did. All the leaves fell off. They looked quite naked, but came right again.

Well, happy gardening.

*Barry Highsted*

# Hills Community Church

Spring has come at last to Mapua and, as an amateur gardener (emphasis on amateur) I have been eager to get my veggie garden planted. Yes, yes, I was told to wait until Labour weekend to plant my tomatoes and capsicums but never mind, patience is not one of my virtues—and my tomatoes will attest to that as they’ve shivered their way through a morning frost or two. Most survived—survival of the fittest I say!

As my previous gardening experience was limited to the Northern Hemisphere I have a lot to learn, especially when it comes to plant identification. My favourite question to anyone’s garden I pass is: “What’s that?” Of course, since I never write anything down I find myself asking this question again, and again, and again.

Then there’s the soil—sandy or clay are the options. We’ve got clay. Ah, familiar ground! I came from clay soil. Hmm, come to think of it—we all did. Reference Genesis 2:7, Isaiah 64:8 and Romans 9:20-21 and you’ll see.

Clay is an amazing substance even if it is a nightmare in the garden. In the right hands it can become beautiful and useful objects. In God’s hands, we too can be shaped into something beautiful. That’s been God’s intention for us from the beginning. Psalm 139:14 reads: “I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.”

Do you believe God has made you? Are you allowing God to shape you spiritually? How is God moulding or forming you continually, even today?

Perhaps you’re resisting the hand of God in your life. But if God isn’t shaping you, something or somebody else is. Are you allowing yourself to be moulded by whim or circumstances or by a worldly view of what you ought to be?

Personally, I prefer to take my shape from God because I know God loves me and wants the best for me. I trust God. Granted, developing that trust took some time and testing, but it’s been proven out in my life. As I gave my lumpy, sticky, clay-ey “me” to God,

some pretty wonderful and amazing things started to happen. So, now I am willing to put my life in God’s capable and loving hands.

I will always be an amateur gardener when it comes to growing my plants and growing my life. Fortunately, I have a Master Gardener I can trust for help and advice. Now, if only God would tell me what that yellowish shrub with the pink flowers is...



## **Regular Happenings @ Hills:**

**Sunday Worship:** traditional service 9:15am, contemporary service & children’s ministry 10:45am; Holy Communion on the 2nd and 4th Sundays; morning tea between services. First Sunday of each month: one service @ 10:45am. All welcome!

**Wednesdays:** 10am-noon—Kidz n Koffee. Open to parents-caregivers-pre-K kids—a great way to make new friends!

**Fridays:** 10am-noon—Craft n Coffee—learn a craft & share a laugh! Open to all, crèche provided.

*Pastor Marilyn Loken*

# Community HEALTH NEWS

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## Mapua Health Centre

### How to be SUNSMART

Every day the sun is getting stronger and NOW is the time to be smart with our skin health.

**SLIP** into a shirt - and **SLIP** into some shade, especially between 11am and 4 pm (between October and March inclusive) when the ultraviolet rays are most fierce.

**SLOP** on some sunscreen before going outdoors.

- Put sunscreen on ANY skin not covered by clothes.
- Choose a sunscreen that meets the Australian and New Zealand Standards AS/NAS2604.
- Use an SPF30+ broad-spectrum sunscreen. Wipe it on thickly at least 15 minutes before going outdoors.
- Re-apply; do this 15 minutes after the first application to ensure complete coverage, and also after physical activity, swimming or towel drying.

**SLAP** on a hat with a brim or a cap with flaps.

More people get burned on the face and neck than ANY other part of the body, so a good hat is important.

**WRAP** on a pair of sunglasses. Choose close fitting, wrap-around glasses that meet the Australian/New Zealand Standard AS1067.

### Yoga may help Chronic Back Pain

Yoga is more effective than use of a self-care book for improving function and reducing pain in patients with chronic back pain, according to the results of a randomized trial reported in the December 20, 2005 issue of the Annals of Internal Medicine.

Yoga may benefit patients with back pain simply because it involves exercise and because of its effects on mental focus.

### Food for Thought

*"We have much to do together. Let us do it in wisdom and love and joy. Let us make this the human experience."*  
(Gary Zukav)

*Please send us your ideas and suggestions.*

### Omega-3 Fatty Acids from Fish or Fish Oil benefit heart health



In a systematic review of studies conducted analyzing the effects of omega-3 fatty acids on various cardiovascular health outcomes, it was concluded that increased consumption of omega-3 fatty acids in the form of fish or fish oil, and not alpha-linolenic acid (a plant-derived omega-3 fatty acid), was found to reduce the rates of all-cause mortality, cardiac and sudden deaths, and possibly stroke, with only very few minor adverse events reported.

English-language studies which were at least one year in duration, involving estimations of intakes of fish or any omega-3 fatty acids and cardiovascular disease outcomes, such as cardiac death, sudden death, myocardial infarction, and stroke, as well as all-cause mortality, including both primary prevention (involving subjects with no history of CVD) and secondary prevention.

### Eat MORE Fruits & Vegies

In a study examining the relationship between fruit and vegetable intake and the risk of various chronic diseases among the population in New Zealand, inadequate fruit and vegetable consumption was found to be an important cause of mortality, particularly from ischemic heart disease.

Inadequate fruit and vegetable consumption was defined as consumption of less than 600 g/day of fresh, frozen, canned, dried, or juiced vegetables and fruit, excluding potatoes, nuts, seeds, and pulses.

### Your Community Health Centre

*The Mapua Health Centre is your community Health Centre should you need medical attention.*

**Location:** 62 Aranui Road.

**Hours:** 8:00 - 5:30 Monday through Friday

**Phone:** 540-2211 (for 24 hour cover)

# Property News

The growth in Nelson house values was up slightly last month, while Tasman eased downwards, although both remained below the national average for last month. Quotable Value figures released 6 October show that Nelson house values increased 3.8 percent during the year to September, up from 2.4 percent increase in the year to August. Tasman house prices increased 6.3 percent, down from 7.1 percent. The average house price in Nelson last month was \$349,048, just above Tasman's \$330,792. The national average was \$344,748.



## Some current sales are:-

9 Aug	Lionel Pl Sec 1077m2	\$183,000
13 Sept	Stafford Dr 3 B/R House 979m2	\$278,000
22 Sept	Dawsons Rd 3 B/R House 2000m2	\$578,000
27 Sept	Higgs Rd 4 B/R House 1012m2	\$395,000
1 Aug	Kina Beach Rd LSB 1 ha	\$275,000
28 Aug	Chaytor Rd LSB 1 ha	\$160,000
25 Sept	Williams Rd LSB 4 ha	\$330,000

*Compiled by Grahame Williams. Ray White Real Estate MREINZ*

## Health Centre Election

The Mapua Health Centre's management committee was boosted last month by the election of three new members at the annual general meeting. They were Jim Bryse, Geoff Stevens and Angela Fon, who join Cynthia Fowler (chair), Alan Keys (treasurer), Colin Mann (secretary), Dr Tim Ewer, Cr Michael Higgins, Liz Lock, and Terry Smith.

Mrs Fowler advised the meeting that the Nelson Marlborough District Health Board had been asked to put a value on the Health Centre land and to meet the Mapua committee to plans for the future with a view to new premises eventually being built. Possible ways of raising money for such a venture were canvassed.

**Tamaha Cub and Sea Scouts present..**

**Family Fireworks Evening**  
*BBQ, Coffee and Coke!!*



- ◆ Egg throwing competition
- ◆ Join in the Mystery Sand Dig
- ◆ Bonfire just before dusk
- ◆ Guys judged at 8pm

**Mapua Leisure Park**  
**7.30pm onwards -**  
**Friday 3rd November**

**GUY COMPETITION OPEN TO ALL**  
**GREAT PRIZES**

**\$2 per person**

*Kindly sponsored by Mapua & District Business Association*

## A Farewell

It is with regret that we say farewell to our Treasurer for many years, Kees Van Egmond, who is joining family members in Brisbane. Kees has been an exacting keeper of our finances and a truly useful member of our team of volunteers and we wish him well in the future.

Another Higgs Road resident, John Sharman, has volunteered to step into Kees's shoes, both as treasurer for the *Coastal News* and another task Kees did, as treasurer of the Mapua/Ruby Bay and Community District Trust. We look forward to a happy association.

*The Editors*

## Mapua School PTA

KIWIANA FUND-RAISING AUCTION EVENING-  
September 16th

We wish to acknowledge the following, who helped to ensure our recent fund-raiser was a huge success. We raised \$7,750 and the School and wider Communities came together for an evening that was also a great deal of fun – thanks to you all!

Trevor Lummis	Ruby Bay Lodge
The Kohen Family	Kimi Ora
Mapua Tavern	The Naked Bun
Pomeroys	Gordon Worsley
John Collins, EFTPOS NZ Ltd	Alan and Sally Miller
The Lusty Family	Elspeth Collier
Mr Andy Malcolm	Tessa Mae's With Attitude
Twin Residential Building Co	Diane Sunley
Mapua Plumbing	Mapua Carpet Cleaning
Jane Evans	The Kilted Kiwi Food Co
Perry's Auto Services	The Smokehouse
The Bibby Family	NMIT
The Gemmell family	Toby Wild
Darryl Frost	Sam Wild
The Smugglers Inn	Charmaine Gallagher
Seakayak Company	Ian Reade
Ultimate Descents NZ	Hugh Gully
Anika Moa	Flavour Tavern
The Roche Family	Paritiho Lodge
Mapua Adventures	Shona Mclean
Tasman Makos	Marion Towns
Rebel Sports	State Cinema
Stirling Sports	Touch The Sea Aquarium
Mary Duncan	Arnold/Niemann Family
Phil Jones	Zoom
Richmond ASB Aquatic Centre	Nelson Aero Club
Hoglund Glass	Pure Essential
Baku	McIntosh/Renwick Family
Beachview B & B	Mapua Pharmacy
18 on Stafford Gallery	World of Wearable Arts
Grant Palliser	Natalie Towler
David Francis	Kerry-Anne's Party Píñatas
Prestons	Hills Community Church
Jasmine	Mapua Hall Committee

## VOLUNTEER FIRE BRIGADE

### September-October call-outs

Sept 24: MVC SH60 near Permins Rd, no action taken

Oct 1: Assist Upper Moutere winery fire Sunset Valley

Oct 5: Smoke near Stringer Rd, controlled burn, no action taken

Oct 7: Smoke Moutere hill, nothing showing.

### Safety Tip – Be safe with Fireworks, read labels, use in a open area

Some time between 8 & 11 October the Social Room upstairs at the Fire Station was unlawfully entered by persons unknown and money and alcoholic drinks were taken along with our CanPlan rubbish bin. Information to the Motueka police please.

The money and items taken was raised by fund-raising from firewood or donation. The brigade is very disappointed that some persons in the community would do this.

If you can hear the Mapua fire siren day & night & have spare time & would like to be a fire fighter, we would like to hear from you. If you work at home, do shift work or have a business around Mapua and can help, please contact the Chief, Avan Perry, at home on 540-2674 or 0274 364 721, or call in at the fire station Thursday nights around 7.30pm. E-mail Mapua@fire.org.nz or the web www.fire.org.nz

### Mapua Tours & Shuttle

Half Day Wine Trails from \$40 per person

Includes free gourmet platter -

Seats 2- 6 people

*Explore Local Arts Crafts and Wineries*

### Shuttle Service

*Airport Transfers, Transport to a Vineyard,*

*A trip to Kaiteriteri, Out for lunch or dinner*

**Contact Sandra Milne**

**Ph 540 2402 – Mob 027629 8130**

## Kevin Brown

Chartered Accountant.

Annual Accounts Budget Advice  
Cash Management Accounting Services

Phone Kevin 526-6263 Tasman  
Or email Kevin.brown@clear.net.nz



**MAPUA**  
AND DISTRICTS  
**BUSINESS**  
ASSOCIATION

Chairperson: Marion Satherley ph 540 2180  
Secretary: Diane Maisey ph 544 8275

MEMBER PROFILE

Ruby Bay Lodge & Vineyard

Established by Sam and Audrey Watt in 2002 from a former apple orchard, the 5ha vineyard is planted over three rolling ridges of Moutere clay soils, with the balance of 4ha in landscaped parklands and guest accommodation.

Using only our own grapes, our philosophy is to produce Single Vineyard wines with intensity of flavour that are well balanced and a true expression of our soils. Cellar door opens in

COMMUNITY DIRECTORY  
2006-2007

We are thrilled to have completed another successful directory and delivered around 2,000 copies FREE to residents. If you would like extra copies, they are available at the Mapua Auto Centre, Mapua 4 Square and Upper Moutere 4 Square. Please support the 140 local businesses and are part of the Association.

Andrew

After completing for B.R. Mal... a few years home to the his own bu

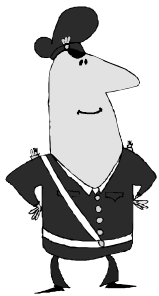


Registered Master Builders Association in 1995 as he recognised the need to belong to an organization which emphasizes quality building practices and offered his clients added security of business professionalism. He has been active in the Association ever since and has been the local President for the last 18 months, a role that has been challenging but enjoyable.

His team work in the greater Moutere area for the most part and have built a reputation for quality renovation work, as well as new homes. They have been pleased with the good results

# Police Update

Hi everyone. . Isn't it great to see things in the garden taking off now that the weather has warmed up. Unfortunately the weed and grass think it is great as well. Never mind!



With the warmer nights and longer days more people tend to wander at night. As the nights warm up most of us like to leave some windows open for air circulation. A word of warning. A woman did just that recently in Motueka and prowlers discovered the window ajar, and even though it was on a security hinge they managed to bend the hinge and force the window open. She heard a noise, turned her light

on and scared them off by doing so.

Understandably this is very upsetting and frightening. Try to leave only high windows open, and latch them if you can.

Keep your eyes peeled for stolen alcohol from the Mapua Fire Station, and for the green 120-litre wheelie bin from there. Where is it now? I delivered over 60 flyers to houses near the fire station last week asking for information. The fire service in Mapua is a voluntary service and the burglary of their station is a lowly act.

## Mapua Occurrences:

**1 October:** Male arrested for breach of a family protection order

**3 October:** Historic burglary of a batch on the sea frontage near the Mapua Leisure Park. Happened 10-20 Sept. Tools, binoculars, CD/cassette/MP3 player, hair dryer, beer - all stolen

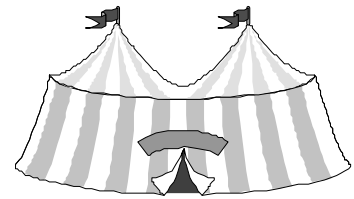
**8 October:** Mapua Fire Station Burgled. Cash, Green 120-litre wheelie bin (Can Plan), 50-60 RTD premix drinks in bottles stolen (rum & Coke, Jim Beam & Coke, KGBs) all stolen

*Grant Heney, Rural Community Constable, Ph 03) 528-1220*

## Naked Bun Update

Well, it's been our first couple of weeks and Tumai's in his element instructing his lovely ladies on how to do things *correctly* (or his way). Slowly getting to know the local beauties and seeing Kerry (he's the one who pretends to take his dog for a walk but ties him up to an outside table) every morning for breakfast and coffee. We've tried nearly everything in the cabinets

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There have been a few changes in the past month the most important for your Show Committee is that we have been successful in applying to become an incorporated society. Here-on in we will be known as Mapua Show Incorporated. The members of the committee remain dedicated to promoting this wonderful area and the talent that is here in our community and our incorporation gives us more credibility when negotiating with outside organisations.

We are also pleased to announce that we have been awarded a grant from the TDC under their community grant scheme which we hope to put to good use in securing storage for the various props and other bits and bobs needed when staging such an event.

Although November 2007 feels like a long way away at the moment, we know from past experience how quickly time flies so we have already started thinking about participants in the 'Mapua Village Fair – Oklahoma'. It is hoped that we will be in a position to contact everyone in February or March next year. In the meantime any queries from potential participants are welcome.

***The dates for your diary are 17<sup>th</sup> and 18<sup>th</sup> November 2007.***

Enquires to Anne-Marie Giddens (540-2335)

MAPUA SHOW

(leftovers of course) and I loooovvve the cheesecake, John's (our own Gordon Ramsay) is the vanilla slice, Tumai's the ham and cheese croissant. BUT IT'S ALL GOOD.

Cheers, and see you later for coffee and cake.

*Regards, Marie*



# Noticeboard

**Seagull Sunday:** Grossi Point, Mapua, 12 noon Sunday 26 November. Bring your motor, boat, picnic and family for a fun afternoon. Ph: Mike 5403901 or Alan 5403350

**Garden Trail:** Nov 12<sup>th</sup>, 10am to 4pm. 10 gardens around Richmond, Stoke and Appleby area. \$10 a ticket. Organised by Nelson Haven Lioness Club. Funds to go towards Youth Charities in the Nelson area. Tickets available at: Eyebright, Bay Nurseries, Baku, Down To Earth Garden Centre, Tahunanui. Devonshire teas available at Eyebright.

**Babysitter Available.** Friendly, responsible 16 year old available for evening babysitting. Also daytime babysitting over the December-January period. Morgan Loveridge Ph 540-2472

**Room for rent** in Complementary and Alternative Healing Centre in village centre. Tel Julie Ewer on 5402705

**Wanted To Rent:** 3 bdrm house for professional family for period 28th Dec - 7 Jan. Kaiteriteri /Mapua/Motueka. Please ring Chris on (021) 629943

**AVON:** If anyone would like to see a pre Christmas catalogue I will be putting in an order on the 8th November with delivery date for 20th November. Please call Kerri 540 3386 or 0210781336 for a catalogue.

**Items** for the Coastal News dropped off at Mapua Store now require a stamp – i.e. cost 45¢ – all the more reason to use email.

**Yoga** with Robin in the Mapua Supper Room. Classes Wednesdays 4:30 to 6:00pm during the school term. For more information contact Robin at 540-2113

**Mapua Women's Walking Group:** Operating two social, friendly groups - both leaving from outside The Naked Bun on Thursday mornings. The early group leaves at 9.15 and walks for at least 1½ hours before meeting the later group for coffee. Ring Rose 5403600. Later group leaves at 10am - Ring Val 5403931. New members very welcome.

**Meditation for beginners** meets Wednesdays fortnightly at 7.30pm at the Aranui Centre, 69 Aranui Road, Mapua. Next meetings 8 & 22 November. All welcome. Gold coin. Please tel Julie Ewer, 5402705 to register or email [julie@inhealth.co.nz](mailto:julie@inhealth.co.nz)

**Women's Move n Groove** Dance Classes continue at the Mapua Public Hall, Mondays 11am-noon. Short low impact funky routines aimed at increasing mind/body co-ordination, balance, strength, flexibility, poise and grace. Gain confidence while having fun. All welcome. Call Catherine Callaghan, at Dance Moves, 548-8046 or 027 323 2098.

**Mapua Friendship Club** welcomes old and new friends. We meet on the third Thursday of each month

and enjoy a game of indoor bowls followed by a lovely afternoon tea and a raffle for a mystery prize. We also have cards if you prefer, Euchre, crib etc. No membership dues just a group of friendly people having a good laugh (some of us are not very good bowlers!) Come along and enjoy some good company. For further information ring Val Roche on 540-3685.

**Coastal Garden Group** meet monthly every first Thursday at 1.30pm in the Supper Room at the Mapua Village Hall. Members, guests and visitors welcome, all enquiries to Barry Highsted (540 3139) or Anne-Marie Giddens (540 2335).

**Digital Photography Group:** Anyone with an interest in anything to do with digital photography/digital imaging is welcome to join our expanding group. Meetings first Tuesday of the month at 1.15pm. Phone Dot Siddle for more info, 540 2323

**Mapua Combined Probus Club** meets first Friday of the month at 1.30 in the supper room of Mapua Hall. All retirees most welcome. If interested please ring Pres. Athol Churchman 540 3450, Secr. Maureen Fon 540 3292.

**Kidz n' Koffee Playgroup** every Wednesday (in school term) 10am to 12 noon. The age group is newborn to five years. All parents and caregivers are welcome to attend, there is no cost. Morning tea is provided for you and your children, a donation is appreciated. The playgroup meets at Hills Community Church, Mapua. Come and relax and meet some new neighbours. Enquiries to Sara Pumphrey 540-3889, and Sharon De Jong 543-2486.

**Need Help?** Can't connect your DVD / Video player/ Lost your computer work? Can't download your digital photos? Need help setting up an email account? Average job price only \$10! Basic web design, average price \$25/page, including advice on domain registration. Call

**Whiz-kid Sam!** 5266-066. [sambobuk@hotmail.com](mailto:sambobuk@hotmail.com) - <http://whizkid.awardspace.com/>

**Photocopying** at Mapua Auto Centre, 7 Warren Place, during office hours.

**Spinners, Knitters, Weavers** - Mapua Wool Gatherers meet at the Mapua Hall on the second Tuesday of each month at 10 a.m. All welcome.

**Taste Tasman** - Photographs needed please. The organising team are seeking photos taken at the Taste Tasman in March this year to assist with a documentary about the event. If you have a snap shot then... Please phone Aly Cook 5266113 ([alyC@xtra.co.nz](mailto:alyC@xtra.co.nz))

**Housesitters Available:** Reliable family available to house sit anytime Dec - Mar while we build a house, we are great dog walkers, gardeners etc, Ph Karen or Hamish (Air Nelson pilot) 021 768 688